

TCO Coaching Panel Action Sheet

Date: 23 May 2019

Venue: 178 Tahiti Ave Palm Beach

Item	Action	Who	Date
4. Calendar			
4.1 2018 off season			
4.2 2019 OC1/2 season	Gather events and dates	All	3 June 19
4.3 2019 V1/3 season	Gather events and dates	All	3 June 19
4.4 2019-20 OC6 season	Gather events and dates	All	3 June 19
4.5 Domestic other	Gather events and dates	All	3 June 19
4.6 National	Gather events and dates	All	3 June 19
4.7 International	Gather events and dates	All	3 June 19
5. Training days			
5.1 OC6	Publish training days	Dan	24 May 19
5.2 OC1/2 & V1	Publish training days	Dan	24 May 19
5.3 Time trials			
5.4 Session Leaders	Inform session leaders	Karyn	23 May 19
5.5 Attendance	Create OC6 attendance list Create OC1/2; V1 sign on sheet	Dan	24 May 19

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6. Mandatory tests			
6.1 Standards			
6.2 Preparation			
6.3 Dates			
7. Training programs			
7.1 OC6	Develop program	Karyn	18 Oct 19
7.2 OC1/2 & V1	Develop program	Karyn	19 July 19
7.3 Novice	Develop program	?Evan	TBA
7.4 Social	Develop program	Annie	3 June 19
7.5 Off season fitness & support	Develop program	Karyn	3 June 19
8. Team selection			
8.1 Guidelines			
8.2 Divisions			
8.3 Teams			

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8.4 Team captains	Inform steerers they are team captains	Dan	TBA
9. Education			
9.1 Orientation			
9.2 Technique	Start technique sessions	Dan	TBA
9.3 Steering			
9.4 Rigging			
9.5 Coaching			
9.6 Radio			
9.7 First Aid			
10. Reports			
10.1 Training			
10.2 Time trial			
10.3 Racing			
10.4 Individual			
11. Business without notice			

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11.1			
11.2			
11.3			